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MTV wrestler Tony Drake credits chiropractic care for saving him from surgery

San Diego, CA (July 2007) – Tony Drake is a professional wrestler, competing under the name Babi Slymm, with the Wrestling Society X. Drake has earned several titles within the sport of wrestling such as AWS Heavyweight Champion, WCWA Heavyweight Champion and Revolution Pro Mexican Lucha Libre Heaveyweight Champion.

He also wrestles in Dragon Gate as a member of the Muscle Outlaw'z under the name Cyber Gang. A defensive tackle and competitor in discus and track at high school, Drake began to train as a wrestler at a small Californian wrestling promotion in Oakland. Drake has competed for numerous organizations in the California area including UPW, NWA Pro, Pro Wrestling Guerrilla and XPW under the name Saleem Jihad.

Drake has received his greatest exposure recently competing for **MTV's Wrestling Society X**, in which he has formed a team with Ruckus named **Keepin' It Gangsta**. While performing matches and countless risky maneuvers, Drake endured an injury that set him on injury reserve from the ferocious sport. As Drake finished a routine move on one of his opponents, he took a turn for the worse when he landed abnormally on his left hand which pushed his shoulder back and his tendons out of place.

In hopes to avoid undergoing surgery, he sought professional healthcare with Dr. Llantada at San Diego Center for Health. After a thorough orthopedic, physical and neurological examination, Dr. Llantada informed Drake that his pectorial muscle and bicep tendons had been damaged, which is why he was in pain every time he would lift his arm. Drake's was recommended to go through rehab and to refrain from lifting weights and wrestling for a few months.

For the following four weeks, he was told to concentrate more on cardio which was a little disappointing to the active athlete. However within the three months Drake sought treatment from Dr. Llantada, he was able to recover completely and return to the ring. In addition, Drake was able to decrease body fat and lose weight through Dr. Llantada's diagnosis.

About San Diego Center for Health

Founded in 2003 *San Diego Center for Health* is a full service health and wellness center. Professional services include joint manipulation therapy, exercise rehabilitation, deep tissue massage, radiology and diagnostic imaging, nerve conduction velocity testing, custom-fitted orthotics, flexibility training, strength and conditioning, sports nutrition, acupuncture and Chinese herbs.

The Spa at San Diego Center for Health offers a range of aesthetic and therapeutic treatments include customized facials, peels, waxing, Swedish massage, motherhood massage, reflexology, lava stone therapy and Endermologie®.

San Diego Center for Health mission is patient/client education, emphasized by the knowledge about one's current state of health and wellness, the road back and how to sustain it. The team of professionals have the education and experience to help you achieve optimum mind, body and spirit.

For more information, please visit our website at www.sdcenterforhealth.com. San Diego Center for Health is centrally located in Mission Valley at 2667 Camino del Rio S. #112 B San Diego, CA 92108.